

## Low or Reduced Sodium Solutions

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Turning lower sodium  
targets into  
**solutions!**



## Low or Reduced Sodium Solutions

Ardent Mills presents you with Robin Hood® bakery mixes to create finished products with a “Low in sodium”\* or “reduced sodium” claim. Create endless signature products with our lower sodium solutions.

Sodium in food has become a focus area for governments and organizations. Higher sodium intake has been linked to obesity, high blood pressure, heart and kidney diseases. Health Canada has recommended an upper intake limit (UL) for consumption at 2,300 mg of sodium per

day. In the US, the 2010 Dietary Guidelines for Americans has described a similar level, with recommendations as low as 1,500 mg of sodium for anyone with high blood pressure, and for people over age 50. These recommendations are starting to inform consumer choices around their sodium intake.

Ardent Mills offers several low and reduced sodium bakery mixes and bases to address this growing consumer need.

CODE	DESCRIPTION	PACK
13360	ROBIN HOOD® WHEAT WISE® Low Sodium Whole Wheat Loaf Mix 100% Whole Grain	20 kg
13361	ROBIN HOOD® WHEAT WISE® Low Sodium White Loaf Mix made with Whole Grain	20 kg
14785	ROBIN HOOD® WHEAT WISE® Low Sodium White Loaf Base (4:1) made with Whole Grain	10 kg
14787	ROBIN HOOD® WHEAT WISE® Low Sodium Whole Wheat Loaf Base (4:1) 100% Whole Grain	10 kg
13338	ROBIN HOOD® WHEAT WISE® Whole Grain Pizza Mix (Low Sodium)	10 kg
15644	ROBIN HOOD® SENSIBLE CHOICE™ Low Sodium Angel Food Cake Mix	20 kg
13646	ROBIN HOOD® SENSIBLE CHOICE™ Low Sodium Plain Muffin Mix	20 kg
13647	ROBIN HOOD® SENSIBLE CHOICE™ Low Sodium Carrot Muffin Mix	20 kg
13648	ROBIN HOOD® SENSIBLE CHOICE™ Low Sodium Bran Muffin Mix	20 kg
13215	ROBIN HOOD® Scone Mix (Reduced Sodium)**	20 kg

\*The finished product will make a low sodium claim on the standard reference amount when product is made following bag directions.

\*\*31% reduced sodium when compared to Robin Hood Sherwood Scone Mix (Code: 13224).

For more information call our sales hotline number 1-888-295-9470 or visit [www.ArdentMills.ca](http://www.ArdentMills.ca)

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